



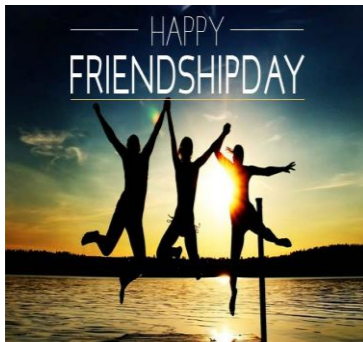







Hairdresser  
Visits  
Tuesdays

# August Activities Calendar



Podiatrist Visit  
Wed 15<sup>th</sup> August



		<p>Wednesday – 1<sup>st</sup>  <b>9.30 am</b> Exercises  <b>10am</b> Morning Tea  <b>10:30am</b> Jokes, Riddles, Humour Morning  <b>12 noon</b> Lunch  <b>1:45pm</b> Bus Drive </p>	<p>Thursday – 2<sup>nd</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>11am</b> Bingo  <b>12 noon</b> Lunch  <b>2.00 pm</b> Presbyterian Ladies</p>	<p>Friday - 3<sup>rd</sup>  <b>INTERNATIONAL BEER DAY</b>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> Scrabble/Games  <b>12 noon</b> Lunch  <b>1:30pm</b> Fr Rick Footy tipping    AFL FOOTBALL</p>	<p>Saturday - 4<sup>th</sup>  <b>9.30am</b> Exercises with Beth  <b>1:45pm</b> Fitness Fun Group    Action Movie    AFL FOOTBALL</p>	<p>Sunday – 5<sup>th</sup>  <b>INTERNATIONAL FRIENDSHIP DAY</b>  Exercises “Ted &amp; Jean”  <b>11am</b> “Songs of Praise”  <b>1.45 pm</b> Fitness Fun Group    Action Movie    AFL FOOTBALL</p>
<p>Monday – 6<sup>th</sup>  <b>9.30 am</b> Exercises/Relaxation/ Hands On  <b>10.00 am</b> Morning Tea  <b>10.30 am Morning Melodies/Lunch Barooga Sporties</b>  <b>12 noon</b> Lunch  <b>2.00 pm</b> Reminiscing Afternoon</p>	<p>Tuesday – 7<sup>th</sup>  <b>9.30 am</b> Exercises  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Art with Janice/Colour Club/Card Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Movie Afternoon</p>	<p>Wednesday – 8<sup>th</sup>  <b>9.30 am</b> Exercises  <b>10am</b> Morning Tea  <b>10:30am</b> Poetry with Beth  <b>12 noon</b> Lunch  <b>1:45pm</b> Bus Drive </p>	<p>Thursday – 9<sup>th</sup>  <b>WORLD INDIGENOUS DAY</b>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>11am</b> Bingo  <b>12 noon</b> Lunch  Movie Afternoon</p>	<p>Friday – 10<sup>th</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> Trivia Quiz  <b>12 noon</b> Lunch  <b>1:30pm</b> Fr Rick Footy tipping  <b>4.00 pm Happy Hour</b>  AFL FOOTBALL</p>	<p>Saturday – 11<sup>th</sup>  <b>9.30am</b> Exercises with Beth  <b>1:45pm</b> Fitness Fun Group    Romance Movie    AFL FOOTBALL</p>	<p>Sunday – 12<sup>th</sup>  <b>INTERNATIONAL YOUTH DAY</b>  Exercises “Ted &amp; Jean”  <b>11am</b> “Songs of Praise”  <b>1.45 pm</b> Fitness Fun Group    Romance Movie    AFL FOOTBALL</p>
<p>Monday – 13<sup>th</sup>  <b>INTERNATIONAL LEFT HANDERS DAY</b>  <b>9.30 am</b> Exercises/Relaxation/ Hands On  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Indoor Bowls  <b>12 noon</b> Lunch  <b>2.00 pm</b> Craft – Salt Beads</p>	<p>Tuesday – 14<sup>th</sup>  <b>9.30 am</b> Exercises  Rev Val - Church  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Art with Janice/Colour Club/Card Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Movie Afternoon</p>	<p>Wednesday – 15<sup>th</sup>    <b>9.30 am</b> Exercises  <b>10am</b> Morning Tea with Staff  <b>10:30am</b> American Morning Trivia/Quiz  <b>12 noon</b> Lunch  <b>1:45pm</b> Bus Drive </p>	<p>Thursday – 16<sup>th</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>11am</b> Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Baking Afternoon</p>	<p>Friday – 17<sup>th</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> Winter Brain Warming Activities  <b>12 noon</b> Lunch  <b>1:30pm</b> Fr Rick Footy tipping  AFL FOOTBALL</p>	<p>Saturday – 18<sup>th</sup>  <b>9.30am</b> Exercises with Beth  <b>1:45pm</b> Fitness Fun Group    Musical Movie  AFL FOOTBALL</p>	<p>Sunday – 19<sup>th</sup>  Exercises “Ted &amp; Jean”  <b>11am</b> “Songs of Praise”  <b>1.45 pm</b> Fitness Fun Group    Musical Movie  AFL FOOTBALL</p>
<p>Monday – 20<sup>th</sup>  <b>9.30 am</b> Exercises/Relaxation/ Hands On  <b>10.00 am</b> Morning Tea  <b>10.30 am Indoor Bowls</b>  <b>12 noon</b> Lunch  <b>2.00 pm</b> Craft – Salt Beads</p>	<p>Tuesday – 21<sup>st</sup>  <b>9.30 am</b> Exercises  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Art with Janice/Colour Club/Card Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Movie Afternoon</p>	<p>Wednesday – 22<sup>nd</sup>  <b>9.30 am</b> Exercises  <b>10am</b> Morning Tea  <b>10:30am</b> American Morning Trivia/Quiz  <b>12 noon</b> Lunch  <b>1:45pm</b> Bus Drive </p>	<p>Thursday – 23<sup>rd</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>11am</b> Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Puzzle afternoon</p>	<p>Friday – 24<sup>th</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> Card Bingo  <b>11.30 am</b> Men’s Pub Run  <b>12 noon</b> Lunch  <b>1:30pm</b> Fr Rick Footy tipping  <b>4.00 pm Happy Hour</b>  AFL FOOTBALL</p>	<p>Saturday – 25<sup>th</sup>  <b>9.30am</b> Exercises with Beth  <b>1:45pm</b> Fitness Fun Group    Drama Movie  AFL FOOTBALL</p>	<p>Sunday – 26<sup>th</sup>  Exercises “Ted &amp; Jean”  <b>11am</b> “Songs of Praise”  <b>1.45 pm</b> Fitness Fun Group    Drama Movie  AFL FOOTBALL</p>
<p>Monday – 27<sup>th</sup>  <b>9.30 am</b> Exercises/Relaxation/ Hands On  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Indoor Bowls  <b>12 noon</b> Lunch  <b>2.00 pm</b> Wish Catchers Craft</p>	<p>Tuesday 28<sup>th</sup>  <b>9.30 am</b> Exercises  Rev Val - Church  <b>10.00 am</b> Morning Tea  <b>10.30 am</b> Art with Janice/Colour Club/Card Bingo  <b>12 noon</b> Lunch  <b>1.30 pm</b> Movie Afternoon</p>	<p>Wednesday 29<sup>th</sup>  <b>9.30 am</b> Exercises  <b>10am</b> Morning Tea  <b>10:30am</b> Denise, John &amp; Monica  <b>12 noon</b> Lunch  <b>1:45pm</b> Bus Drive </p>	<p>Thursday 30<sup>th</sup>  <b>CHINA DAY</b>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> Bingo  <b>12 pm</b> Chinese Lunch at Berrigan Community Club  <b>1.30 pm</b> Baking Afternoon</p>	<p>Friday 31<sup>st</sup>  <b>9.30am</b> Exercises  <b>10am</b> Morning Tea  <b>10.30 am</b> 12 Word Challenge  <b>1:30pm</b> Fr Rick Footy tipping  AFL FOOTBALL</p>		